STYLE FILES

MY OUTFIT FORMULA

5 steps to a fabulous outfit.

My Styled Life

mystyledlife.net

STEP 01

PICK YOUR BASE:

The perfect fit

PICK YOUR BASE

OPTION #1:

Build around one piece or color.

OPTION #2:

Build around two pieces of different colors.
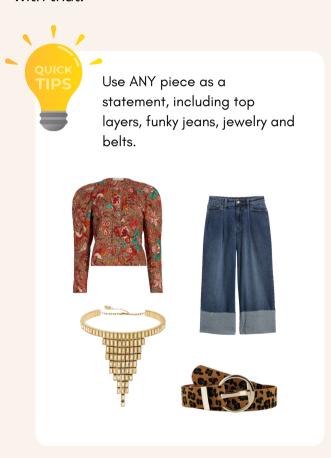
STEP 02

MAKE A STATEMENT

Add your personality

MAKE A STATEMENT

I like to think about this in the early stage of putting an outfit together because it's what makes your outfit you! What's going to truly reflect your personal style? Lead with that!

QUICK TIPS

Use ANY piece as a statement, including top layers, funky jeans, jewelry and belts.

For this outfit, I chose to go with these funky statement booties.

STEP 03

CREATE BALANCE

Proportions matter

3 CREATE BALANCE

If you look in the mirror and something seems "off" in your outfit, it's likely that it's out of proportion.

Achieving balance contributes to a flattering silhouette by distributing visual weight evenly.

Consider the proportions of each garment. Balance voluminous pieces with more fitted ones to create a well-proportioned look.

I balanced out the volume of the statement booties on the bottom with a dark-colored cape blazer on the top. I also accentuated my waist with a belt to emphasize the proportion.

STEP 04

ADD LAYER(S)

Adapt to the occasion

ADD THE RIGHT LAYERS

Layering adds visual depth and interest to your outfit.

You'll commonly see a jacket, blazer, cardigan or duster as an added layer, but it's not only about the item.

By incorporating pieces different textures, patterns and colors, you create a dynamic and visually appealing outfit that captures attention.

In this case, I used my jewelry to create depth in my outfit.

QUICK TIPS

STEP 05

FINISHING TOUCHES

The details matter

PUT ON FINISHING TOUCHES

Those extra details make all the difference! The small things you do when you are finishing off an outfit is what makes you feel put together and creates a polished look.

I went with a brown fedora and black quilted bag to further pull together my color story.

QUICK TIPS

Use pieces like a brooch, sunglasses, a statement coat or even a red lip!

1 Pick a base

A dress or jumpsuit in a solid color is a mono-chromatic base.

2 Make a statement

This necklace makes a major statement.

3/4 Create balance + Add layers

A black jacket is the layer and the black booties add balance.

5 Put on the finishing touches

1/2 Pick a base + make a statement

In this case, the the jeans make the style statement.

3 Create balance

The puff shoulder top balances the extreme cuff. Adding a belt also helps by accentuating the waist.

3 Add layers

An off-white faux leather jacket and white booties add dimension.

5 Put on the finishing touches

FINISHING TOUCHES = Necklaces and hat

STATEMENT + LAYER = Jacket

BASE = White bodysuit and high-rise jeans

BALANCE = White belt and white booties

LAYER = Hat

FINISHING TOUCHES = Jewelry + French tuck

STATEMENT + BALANCE = Matching hat and shoes; belt

BASE + STATEMENT = Contrasting denim on denim

FINISHING TOUCHES = Jewelry, belt buckle and sunglasses

STATEMENT + LAYER = Faux leather snakeskin jacket

BASE = Bodysuit and jeans

BALANCE = Black booties to complement the black bodysuit.

Thank you!

I hope my formula inspires you to put together great outfits using pieces already in your closet!

Need more styling support?

Schedule a Free 30-minute consultation.

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